

## CAC Response to Volunteerism during COVID-19

Working with healthcare professionals, CAC is making temporary changes to our food shelf and resource center work during the COVID-19 pandemic so that we can meet our two highest priorities:

- 1. Provide food to our clients, needed now more than ever**
- 2. Keep everyone safe including volunteers, clients, and staff**

Effective immediately, we have adjusted our food shelf service and created a "drive-thru" where people can still access the same amount of pre-packed food.

The following measures, based on recommendations from the CDC, have been taken to help us succeed:

- **Prevent contact with people who may be infected**
  - Staff, Volunteers, and Clients should not to come to the CAC if you have a fever, cough or trouble breathing, or if you have a suspected exposure to COVID-19, until you have received medical clearance
- **Prevent prolonged contact with others (in case there are unknown carriers)**
  - We have closed our resource center to the public. Signs are directing clients to park by the front door and remain in their vehicles. CAC staff are going out to cars to gain necessary information and assist with other resources, as needed.
  - Volunteers in the food shelf are pe-packing appropriate family sized bags of food and bringing food out to cars
  - We are avoiding being closer than 6 feet to anyone for more than 10 minutes (because exposures less than that are unlikely to spread the virus). We are limiting the number of people volunteering in the food shelf at one time in order maintain space for this social distancing. We are not shaking hands, hugging, or high-fiving. No skin-to-skin contact between anyone.
- **Increased hygiene**
  - Every 15-20 minutes, staff and volunteers are taking breaks to wash hands
  - We are reminded not to touch our faces
  - We are regularly cleaning surfaces and door handles with Lysol wipes and disinfectants. (While the virus can survive on some surfaces for hours or days, it is not as likely to be able to cause infection, especially when all these measures are taken. We have learned that there is little risk in paper bags and cardboard boxes.)
  - As volunteers in the food shelf bring food out to waiting vehicles, they are reminded to wash hands before they bring the food out and are then reminded to wash hands and sanitize the carts when they come back into the food shelf

We wanted you to be aware of the changes we have made so that you can make the best possible decision about volunteering for yourself and your families. If you have additional questions, ideas, or concerns, please email [volunteer@communityactioncenter.org](mailto:volunteer@communityactioncenter.org).

Thank you